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Benjamin P. Ablin is a senior consulting actuary and partner at Horizon Actuarial Services, LLC, in Silver Spring, Maryland. Focusing exclusively on multiemployer pension clients, he has extensive experience preparing projections of the future financial health of these plans. Ablin also consults on a number of other topics including plan design, funding strategies, administration, negotiations, withdrawal liability, mergers and special financial assistance.

He is the primary author of Horizon's annual "Survey of Capital Market Assumptions," a constantly evolving tool that can help answer the question of whether a plan's interest rate assumption is reasonable. Ablin also recently authored "Making Every Move Count For Your Well-Funded Pension Plan" for the IFEBP's Benefits Magazine. He has served on the Pension Committee of the Actuarial Standards Board, on the Professionals Committee of the IFEBP, and as an Advisory Director on the IFEBP's Board.

Ablin graduated from the University of North Carolina at Chapel Hill with dual bachelor's degrees in biology and chemistry. He is an associate of the Society of Actuaries, a member of the American Academy of Actuaries and an enrolled actuary under ERISA.