



Jesse Gavin, Dr.PH.

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Dr. Jesse Gavin serves as the Well-Being Officer for Baylor College of Medicine (BCM) and as the Founder/Principal Consultant for Levinse Well-Being. Since implementing its well-being initiative in 2014, BCM has won numerous awards, including the 2018 WELCOA Well Workplace Award, the 2019 C. Everett Koop Award Winner, and the 2023 C. Everett Koop Award Honorable Mention. BCM is routinely among the nation's Healthiest Employers Top 100. Jesse received a Doctorate in Public Health from UTHHealth School of Public Health in 2025. Beyond BCM, Jesse actively contributes to the broader well-being community. He serves on the board of The Health Project, chairs the Houston Business Group on Health's Well-Being Forum, and serves on multiple HERO committees. He frequently speaks at national conferences, sharing insights on building healthy workplaces, fostering connection, and reducing burnout. Jesse's work focuses on driving structural, theoretical, and cultural change to develop sustainable well-being strategies. His leadership combines data-driven innovation with a deep commitment to human-centered design.