



Alyssa Rose

Grief Guide, Ritualist, and Educator

Alyssa Rose Healing Arts

Portland, Oregon

Alyssa Rose walks with those navigating life's most profound transitions. As a Grief Tender and Death Doula in Portland Oregon, she bridges ancient ritual practices with modern somatic therapies to create sacred spaces for those facing loss, death, and deep change. Drawing from her extensive work with hundreds of families and communities, Alyssa's unique approach to grief care honors the somatic, emotional, and spiritual dimensions of the liminal and alchemical process of grieving. Alyssa is passionate about creating a grief literate culture that is resilient and compassionate enough to hold us through life's challenges and uncertainties. It is here that we practice belonging and transform a culture sick with loneliness into one ripe with connection.