



Shelley Russell

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Shelley Russell is a vice president in Aon's Edmonton Health Solutions practice. Her responsibilities include human capital leadership, client consulting and relationship management. Shelley joined Aon in 2021 and has over 20 years experience partnering with plan sponsors to maximize health benefit strategy. This included roles both with the insurer—as an account executive in the large case market—and the plan sponsor—where Shelley was responsible for health strategy and stakeholder relations for a large health benefit trust. Shelley specializes in applying population health fundamentals—through analytics, insights, and subject matter expertise—to develop human capital and benefits strategies that strengthen employee health and performance as key drivers of organizational success. Her work focuses on identifying opportunities, managing plan design, and assessing risk to support sustainable performance and long-term growth. Shelley was educated at the University of Alberta and Queens University.